

**Sunday**

**Monday**


**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

	<p><b>Masterful Moments</b></p> <ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> Emotional Wellness</li> <li><span style="color: green;">●</span> Intellectual Wellness</li> <li><span style="color: red;">●</span> Physical Wellness</li> <li><span style="color: blue;">●</span> Social Wellness</li> <li><span style="color: purple;">●</span> Spiritual Wellness</li> </ul>	<p><b>FYI</b></p> <p>The Salon is open on Mondays and Thursdays. Hair Care begins at 10:00 pm on Mondays and manicures are scheduled at 10:00 pm on Thursdays.</p>	<p><b>FYI</b></p> <p>In lieu of our monthly education and support group meeting you are invited to a <b>Meet &amp; Greet on Wednesday, March 13 from 5:00 pm – 6:30 pm. Come meet our nurses and Business Office Manager!</b></p>	<p><b>FYI</b></p> <p>Activities are subject to change depending on resident choice and weather conditions.</p> <p>Our monthly education and support group meeting will resume in April 2024.</p>	<p><b>1</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Bingo</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers Games</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Documentary – The Sea</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: blue;">●</span> 2:00 Creative Centers</li> <li><span style="color: yellow;">●</span> 2:30 Sea Crafts</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>
<p><b>3</b></p> <ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 United in Spirit</li> <li><span style="color: yellow;">●</span> 11:00 Sing Along Songs</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Village Voice</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Theme is March</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Mass</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:30 Baltimore Academy Visits</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Word Games - March</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Rosary</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Theme is</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Artist in You – St Patty's</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Bingo</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>9</b></p> <p><b>River Hill High School Future Doctors of America Provides Activities All Day!</b></p>
<p><b>10</b></p> <p><u>Daylight Savings Time!</u></p> <ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 United in Spirit</li> <li><span style="color: yellow;">●</span> 11:00 Sing Along Songs</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Reminisce</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Theme is St Patricks</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Com Svc</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:30 Baltimore Academy Visits</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>13</b></p> <p>Lois &amp; Calle Visit</p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Word Games – St Patricks</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Rosary</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Artist in You – Easter Decor</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Bingo</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Exercise for the Mind</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: blue;">●</span> 2:00 Game Day!</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>
<p><b>17</b></p> <p>St Patrick's</p> <ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 United in Spirit</li> <li><span style="color: yellow;">●</span> 11:00 Sing Along Songs</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Columbia</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Theme is Spring</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Com Svc</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>19</b></p> <p>Spring Begins!</p> <ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:30 Baltimore Academy Visits</li> <li><span style="color: yellow;">●</span> 1:30 Music w/ Heather</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Word Games – Spring</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Rosary</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Word Games</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Artist in You – Blossoms</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Bingo</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>23</b></p> <p>Family Easter Celebration</p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Exercise for the Mind</li> <li><span style="color: green;">●</span> 1:30 Easter Egg Hunt</li> <li><span style="color: blue;">●</span> 2:30 Easter Activity</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>
<p><b>24 / 31</b></p> <p>Happy Birthday Nan!</p> <ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 United in Spirit</li> <li><span style="color: yellow;">●</span> 11:00 Sing Along Songs</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Village Chef/Easter Party</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>25</b></p> <p>Maryland Day</p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Theme is Easter</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Com Svc</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:30 Baltimore Academy Visits</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: red;">●</span> 4:00 Stretch &amp; Stroll/Table Ball</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>27</b></p> <p>Lois &amp; Calle Visit</p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Word Games - Easter</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers/Rosary</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Funnies</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Artist in You – Rabbits</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Bingo</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: yellow;">●</span> 2:00 Creative Centers</li> <li><span style="color: blue;">●</span> 4:00 Cathy's Corner</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">●</span> 10:30 Music &amp; Movement</li> <li><span style="color: green;">●</span> 11:00 Exercise for the Mind</li> <li><span style="color: green;">●</span> 1:30 Leisure Packets</li> <li><span style="color: blue;">●</span> 2:00 Go in' On Vacation</li> <li><span style="color: red;">●</span> 4:00 Stretch, Stroll &amp; Sort</li> <li><span style="color: yellow;">●</span> 5:00 Reminisce to Music</li> <li><span style="color: blue;">●</span> 6:00 Classic TV Shorts</li> </ul>