


































































































































































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy New Year!  10:30 Let's Get Fit  11:15 Listen & Learn  2:30 New Year Games  3:00 Holiday Social  4:00 Holiday Film	2  10:30 Movin & Groovin  11:15 Listen & Learn  2:00 New Year's Bingo  4:30 Book Club  4:30 Tuesday TV	3 National Fruitcake Toss Day!  10:30 Aerobics w/ Bayada  11:15 Listen & Learn  2:30 Legion of Mary Svc  2:30 Card Games  3:30 Words in Words Fruitcake Toss  4:00 TV Comedies	4  10:30 Twist & Turn Aerobics  11:15 Listen & Learn  2:00 Newsletter Club  2:30 Craft Corner – Snowman Greeting  4:30 Reminisce	5 National Bird Day  10:30 Let's Get Fit  11:15 Listen & Learn  2:30 Curious About ... Birds  4:00 Friday Feature	6  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Bingo  4:30 Ravens vs Steelers
7  10:30 United in Spirit  11:00 Mass Ch 24  11:30 Listen & Learn  2:00 The Globetrotters  2:30 Table Games/Name 5  4:25 Commanders vs Cowboys	8  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Legion of Mary Svc  2:30 Card Games  3:30 Hobby ABCs	9 Happy Birthday Nate!  10:30 Movin & Groovin  11:15 Listen & Learn  2:00 Hobby Bingo  4:30 Book Club  4:30 Tuesday Tunes	10  10:30 Aerobics w/ Bayada  11:15 Listen & Learn  2:00 Rosary w/Legion of Mary  2:30 Wacky Wednesday-Baloney  4:00 Mid-week Movie	11  10:30 Twist & Turn Aerobics  11:00 Bayada Wellness Talk  2:00 Newsletter Club  2:30 Craft Corner – Snowflakes  4:30 Create a Story	12 Happy Birthday June!  10:30 Let's Get Fit  11:15 Listen & Learn  2:30 Cards & Dominoes  4:30 Snow Bowling	13  10:30 Bethany Baptist  11:15 Listen & Learn  2:00 Bingo  4:00 Saturday Matinee
14  10:30 United in Spirit  11:00 Mass Ch 24  11:30 Listen & Learn  2:00 Service w/ Rev Bowie  3:00 Table Games/What Comes 1 st  4:00 Sunday Cinema	15 Crazy Hat Day  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Legion of Mary Svc  2:30 Artist in You  4:00 Crazy Hat Word Find	16  10:30 Movin & Groovin  11:15 Listen & Learn  2:00 Hat Bingo  4:30 Book Club  4:30 Tuesday TV	17 Happy Birthday Pam!  10:30 Aerobics w/ Bayada  11:15 Listen & Learn  2:00 Rosary w/Legion of Mary  2:30 Wacky Wednesday-You Be the Judge  4:00 Mid-week Movie	18  10:30 Twist & Turn Aerobics  11:15 Listen & Learn  2:00 Newsletter Club  2:30 Craft Corner – Bird Feeders  4:30 Reminisce	19  10:30 Let's Get Fit  11:15 Listen & Learn  2:30 Card & Left, Right, Center  4:30 Snowball Toss	20 River Hill Students  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 "Soups On" Bingo  4:00 Saturday Matinee
21  10:30 United in Spirit  11:00 Mass Ch 24  11:30 Listen & Learn  2:00 Columbia Church  3:00 Table Games/Linkees  4:00 Sunday Cinema	22 Happy Birthday Joan!  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Legion of Mary Svc  2:30 Card Games  3:00 Resident Council  4:00 January Hangman	23 National Pie Day  10:30 Movin & Groovin  11:15 Listen & Learn  2:00 Pie Bingo  4:30 Book Club  4:30 Tuesday Tunes	24  10:30 Aerobics w/ Bayada  11:15 Listen & Learn  2:00 Rosary w/Legion of Mary  2:30 Wacky Wednesday-Wacky Wordies  4:00 Mid-week Movie	25 Opposite Day  10:30 Twist & Turn Aerobics  11:15 Listen & Learn  2:00 Newsletter Club  2:30 Craft Corner – Chinese Lanterns  4:30 Create a Poem	26  10:30 Let's Get Fit  11:15 Listen & Learn  2:30 Travel to Australia  3:00 Travel Treats  4:00 Basketball, Soccer & Tennis – Aussie style	27  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Aussie Bingo  4:00 Saturday Matinee
28  10:30 United in Spirit  11:00 Mass Ch 24  11:15 Listen & Learn  2:30 Table Games/Logo  3:30 Unmute Concert  4:30 Sunday Shorts	29 National Puzzle Day  10:30 Let's Get Fit  11:15 Listen & Learn  2:00 Legion of Mary Svc  2:30 Artist in You  4:00 Puzzle Mania	30 National Croissant Day  10:30 Movin & Groovin  11:15 Listen & Learn  2:00 Bingo  4:30 Book Club  4:30 Tuesday TV	31  10:30 Aerobics w/Bayada  10:30 Trip to Toby's Theater  11:15 Listen & Learn  2:00 Rosary w/Legion of Mary  2:30 Wacky Wednesday-Let's Discuss ...  4:00 Mid-week Movie	FYI The Salon is open on Mondays and Thursdays. Hair Care begins at 12:00 pm on Mondays and Manicures are scheduled at 12:00 pm on Thursdays.	Masterful Moments  Emotional Wellness  Intellectual Wellness  Physical Wellness  Social Wellness  Spiritual Wellness	FYI Activities are subject to change depending on resident choice and weather conditions. Our monthly education and support group meeting will resume in February 2024.