

# LIGHTHOUSE

## *Senior Living*

**March 12, 2021**

### **Post-Vaccination Guidelines**

Lighthouse Senior Living has achieved a major milestone in the battle against Covid-19. Each of our communities has held multiple vaccination clinics, arming residents and staff with protection against the virus.

The CDC has issued newly evolved guidelines for individuals who have been fully vaccinated (defined as those 14 days past their second vaccination dose). In addition, Maryland Governor Larry Hogan has announced some easing of restrictions as of March 12.

The health and well-being of our residents and staff remains our number one priority. Having carefully reviewed the updated guidelines from health and state officials, we are pleased to be able to implement revised guidelines for receiving guests, dining, and social events and activities.

While the threat of the virus has been mitigated, it has not been eliminated. We will continue to adhere to infection prevention practices, as outlined below, and will monitor the changing landscape as it unfolds.

### **Visitation (for Vaccinated Residents)**

- We will continue to screen all guests at the Concierge Desk.
- Masks must be worn by guests at all times while in the community, including in residents' apartments.
- Visits must be scheduled in advance and each resident may invite no more than two guests at one time.
- Visits will take place either in the resident's apartment or outdoors.

### **Visitation (All Residents)**

- Indoor screened visits and outdoor visits remain available for all residents.

## **Dining Together**

- We will resume Happy Hour throughout the month. Tables will be preset and may not be moved, and shared food will not be served.
- Seating capacity for the dining room and Happy Hour will be limited to 50%; vaccinated residents may sit two per table.
- Families and guests may not dine in the community dining rooms. However, guests are welcome to bring meals or order from Dining Services and dine in vaccinated residents' apartments. Standard guest meal charges may apply.
- Vaccinated residents may reserve a private dining room to host guests and order a meal through dining services. Standard guest meal charges may apply.
- Families will now be invited to join residents for outdoor dining events. Screening and social distancing will remain in effect.
- In-room dining delivery fees will be reinstated for those residents who prefer to dine in their apartment.

## **Socializing/Activities**

- Within the community, masks continue to be required while participating in programs and social activities. The maximum number of participants will be dependent on the room size and may vary per community.
- Where possible, residents shall maintain 6' distancing- both during activities and within the community.
- Vaccinated residents may sit up to four to a table for games and other activities but must wear a mask for the duration of the activity.
- Entertainers and guest presenters will be required to perform behind a Plexiglas barrier when appropriate.
- For any bus trips, masks must be worn for the duration of the trip. Advance reservations are required, and the bus will be limited to a maximum of 50% capacity.

If you have specific questions, please contact the Executive Director of your community for more information.

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*There are inherent risks associated with participating in congregated activities which cannot be completely eliminated.*

*COVID-19 is a highly contagious virus spread through the air. Person-to-person contact over extended times increases the risk of transmission. Federal, state, and local governments have recommended and/or require precautions, including but not limited to, social distancing and/or wearing face coverings to lessen the spread of the virus. While each individual has the right to make personal decisions about their own risks outside the community, our guidelines are designed to minimize the risk of transmission within the community.*