A Sampling from Our Weekly Menu

BREAKFAST

Pancakes or French Toast and Sausage
Eggs and Bacon or Scrapple with an English Muffin
Cream Chipped Beef over Toast

LUNCH

Baked Ziti with a Tossed Salad and Garlic Bread
Fried Shrimp and Cole Slaw with French Fries
Roast Beef with Mashed Potatoes and Gravy and Green Beans
Baked Ham with Scalloped Potatoes and Asparagus
Barbequed Ribs with Broccoli and Cauliflower
Potato-encrusted North Atlantic Cod with a Twice-baked Potato
Hearty Beef Stew with Mixed Vegetables and a Biscuit

DINNER

Grilled Cheese Sandwich with Tomato Soup
Cheese Ravioli in Meat Sauce
Turkey Sandwich and Vegetable Soup
Meatball Sub with Onion Rings
Corned Beef Sandwich and Cucumber Salad

Lunch and dinner are accompanied by a sweet treat for dessert.

LIGHTHOUSE
Senior Living